

“Positive Attitude”

By: Jack Muellerleile

A “**Positive Attitude**” can definitely separate you from the pack. Most people have some other kind of attitude. A lot could be considered ‘pleasant’. Others might be termed ‘cooperative’. Others could be called ‘stoic’. Still others are ‘cynical’, ‘critical’, ‘bitchy’ or downright ‘negative’. But it’s those with a “**Positive Attitude**” who seem to occupy positions of leadership, get lots of recognition from others, have fewer worries and earn higher incomes.

So just how do those “**Positive Attitude**” people stay so darned positive all the time? Often, it’s because they:

- Organize themselves to lead more simplified lives...focusing their attention on fewer things. They concentrate on the larger issues and delegate the myriad of less critical ones to others for handling;
- Have clearly defined goals and frequently measure their progress toward same;
- More often enjoy a sense of accomplishment because they regularly assess where they stand thus recognizing the progress being made;
- Believe effort devoted to things positive will yield positive outcomes while the same is true for things negative;
- Remain ‘on target’ and undeterred when the unexpected obstacles pop up suddenly;
- Perceive rebukes as setbacks, not defeats;
- Deploy and display persistence in all their endeavors;
- Experience many more ‘successes’ than failures; and
- Always expect successful outcomes.

Almost every right-minded person wants to acquire and display a “**Positive Attitude**”. Some are hindered by a serious negative event that occurred in the past, about the recurrence of which they can’t seem to stop worrying. These folks seem to be just waiting around for ‘the hammer to fall’ and beat their brains out...again. Those already possessing a “**Positive Attitude**” will routinely acknowledge that past event but prepare for its possible recurrence then promptly forget about it once that ‘survival plan’ just devised is set in place. By handling the worrisome things like this, they free themselves from the anxieties suffered by the folks who take no such action.

Attitude is simply a way of looking at things. Each person has the choice of looking at things negatively or positively.